

Fire/EMS Behavioral Health: THE PRICE WE PAY



**FREE Three-Hour Workshop with
Past Chief Mike Healy (Central Nyack Fire Department)
& Chief Jared Meeker (Lake Shore Fire District)**



2020 SCHEDULE:

Chautauqua County: 9/30

Clinton County: 9/14

Fulton County: 4/16

Herkimer County: 4/14

Monroe County: 9/15

Nassau County: 9/21

Schenectady County: 5/6

Westchester County: 5/7

Pre-Registration and On-Site
Registration Available!

This workshop will deal with the behavioral health issues faced by firefighters and emergency medical services personnel. The mounting number of suicides, an increase in alcoholism and drug addiction, and post-traumatic stress all need immediate attention. The workshop will provide an overview of the behavioral health problems that fire/EMS personnel experience. Students will learn about the skills necessary to recognize and help others who are struggling with mental health issues. Participants will gain an understanding of how to monitor the health of fellow firefighters and EMS providers in order to prevent the negative results that could have a long-lasting impact on their agencies, ultimately increasing retention and reducing burnout in first responders. As leaders, our number one responsibility is to keep our members safe, which also includes keeping them safe from the effects of emotional trauma from the events we respond to.

Mike Healy has years of experience in this field and has assisted thousands of firefighters and EMS providers in getting the necessary help to lead a normal life of a first responder.

Jared Meeker experienced a tragic event that triggered a landslide of emotions from many previous traumatic events. He is now able to share many lessons learned to help others.

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PERMASM



Fire/EMS Behavioral Health: The Price We Pay Registration Form

Registrant's Information

Use one form per person. There is no registration fee for this workshop.

Name: _____

Title: _____ Fire/EMS Agency: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____ Cell Phone: () _____

Workshop Dates / Locations

Three-hour workshop begins at 7:00 p.m. at all sites. Select a date/site below.

April 14, 2020 • Herkimer County

Herkimer College • 100 Reservoir Road • Room 288 Amphitheater • Herkimer, NY 13350

April 16, 2020 • Fulton County

Johnstown High School • 1 Sir Bills Circle • Johnstown, NY 12095

May 6, 2020 • Schenectady County

Niskayuna High School • Little Theater (D 104) • 1626 Balltown Road • Niskayuna, NY 12309

May 7, 2020 • Westchester County

Westchester County Department of Emergency Services • 4 Dana Road • Valhalla, NY 10595

September 14, 2020 • Clinton County

Clinton Community College • 136 Clinton Point Road • Plattsburgh, NY 12901

September 21, 2020 • Nassau County

Uniondale Fire Department • Van Ness Fire Station • 88 Uniondale Avenue • Uniondale, NY 11553

September 15, 2020 • Monroe County

Gates Fire District • 2355 Chili Avenue • Rochester, NY 12624

September 30, 2020 • Chautauqua County

Stockton Fire Company • 7243 Route 380 • Stockton, NY 14784

Submit Registration Form To:

New York State Association of Fire Chiefs • P.O. Box 328 • East Schodack, NY 12063

Fax: (518) 477-4430 • Email: education@nysfirechiefs.com • Phone: (800) 676-FIRE • www.nysfirechiefs.com