



Customized, Confidential, Mobile Wellness Applications



Law enforcement has never been more challenging. Nationwide, officers overwhelmingly report job-related stress has affected their mental health—yet 90% of officers say cultural stigma creates a barrier to getting help for emotional or behavioral issues. Left unaddressed, stress can lead to destructive behaviors and poor decision-making, including excessive use of force.

Cordico's wellness solutions address these challenges, providing officers and their family members with on-demand access to relevant, trusted and effective wellness resources.

Our CordicoShield law enforcement wellness app offers a complete range of self-assessments as well as continuously updated videos and guides on more than 60 behavioral health topics—all designed specifically for first responders. And it's backed with 5-star customer service covering design, implementation and ongoing support.

When you deploy CordicoShield in your agency, you will:



Connect your personnel to confidential assessments and counseling resources



Strengthen your wellness culture & empower your peer support team



Help officers cope with the effects of critical events & chronic exposure



Improve officer decision-making, empathy & resiliency, which in turn enhances police/ community relations



Support department retirees & family members (included with agency subscription)

Trusted, Tailored Behavioral Health Support

Cordico's wellness tools and self-assessments are designed to keep your personnel healthy and effective at work. Created by our experienced clinical and scientific staff, these resources are built for both prevention and treatment.

Wellness Tools

CordicoShield includes videos, articles and guides on more than 60 topics. From trouble sleeping to dealing with tough calls to work/life balance, these resources are created specifically for law enforcement officers.

- Alcohol and Substance Abuse
- Family Support
- Parenting Tips
- Burnout and Compassion Fatigue
- Financial Fitness
- Posttraumatic Stress
- COVID-19
- ICAC Coping and Resiliency
- Psychological First Aid
- Dr. Gilmartin's Emotional Survival
- Mindfulness
- Suicide Prevention

Anonymous Self-Assessments

Often, officers suspect they are battling a mental health issue but are unsure where to start. CordicoShield self-assessments are completely confidential and deliver highly specific results aimed at providing instant feedback and next-step guidance.

- Adult ADHD
- Compassion Fatigue
- Cordico Sleep Test
- Adverse Childhood Experiences
- Depression
- Social Isolation
- Alcohol Abuse
- Posttraumatic Stress
- Stress
- Cordico Anger Scale
- Resilience
- Well-Being

Available Features

- Customized with your agency's badge, images, engagement incentives & more
- Confidential access & utilization
- Apple iOS & Android compatible
- One-touch calling to peer support & chaplains
- Teletherapy portal with HIPAA encryption
- Therapist finder
- Wellness push notifications

Serving First Responders Since 2002



"Cordico is connecting officers to innovative mental and behavioral health tools. Cordico's wellness app helps me take care of my officers. It will save lives."

Police Chief Neil H. Gang
Pinole (CA) Police Department
Chair, California Police Chiefs
Association Wellness Committee



"If you do one thing for your agency this year, get this app. It will show that employee wellness is a priority, you truly care, and you want to make the best tools and resources accessible to your officers 24/7."

Kimberly A. Miller, Ph.D.
Chair, National Sheriffs' Association,
Psychological Services Committee
Police Psychologist, Consultant, Coach & Trainer